

Young Females

Place	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
1	Inverness Harriers AAC A	29:30	Iyla Souter (U13G)	10:08	1	Niamh Doorley (U13G)	9:53	1	Anna Meek (U15G)	9:29	1
2	Inverness Harriers AAC D	31:56	Amy Simpson (U13G)	11:07	4	Sophie Bertram (U15G)	10:27	2	Lucy Beastall (U15G)	10:22	2
3	Ross County AC A	32:09	Eden Lipovska (U13G)	11:24	8	Tamara Bergman (U15G)	10:48	6	Lucy Fraser (U17W)	9:57	3
4	Inverness Harriers AAC B	32:10	Lexie Macrae (U13G)	11:15	6	Rosie Conroy (U15G)	10:40	4	Iona Scott (U17W)	10:15	4
5	Inverness Harriers AAC C	33:21	Eilidh Offord (U13G)	10:36	2	Aoibhe Doorley (U15G)	11:05	3	Sky Simpson (U17W)	11:40	5
6	Inverness Harriers AAC E	34:23	Hannah Mackay (U13G)	10:57	3	Lily Carter (U15G)	11:04	5	Kirsty Muir (U17W)	12:22	6
7	Ross County AC B	35:38	Eilidh Hume (U13G)	11:26	9	Sophie MacGruer (U15G)	12:25	8	Anna Fraser (U17W)	11:47	7
8	Ross County AC C	35:58	Amber Bergmann (U13G)	11:11	5	Skye Tinney (U15G)	12:27	7	Catrina Fernie (U17W)	12:20	8
9	Peterhead Athletics Club	39:01	Ava Alexander (U13G)	13:40	10	Sophie Needs (U13G)	12:47	10	Emma Steel (U15G)	12:34	9
	Inverness Harriers AAC F		Connie Laird (U13G)	11:20	7						
	Highland Hill Runners		Caladh MacDonald (U13G)	14:29	11	Iona MacDonald (U13G)	11:14	9			

Young Males

Place	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
1	Ross County AC A	27:06	James Macaskill (U13B)	10:34	3	Billy Sutherland (U15B)	8:32	1	Lachlan Thomas (U17M)	8:00	1
2	Inverness Harriers AAC A	28:00	Kian Morrison (U13B)	10:28	2	Ewan Thompson (U15B)	9:17	2	Ruairidh Stirling (U17M)	8:15	2
3	Ross County AC B	28:34	Ethan Wilby (U13B)	10:48	5	Callum Crawford (U15B)	9:55	4	Andrew Baird (U17M)	7:51	3
4	Moray RR	29:52	Hugh Cumming (U13B)	10:20	1	Lewis Simmers (U15B)	9:57	3	Alasdair Jenkins (U17M)	9:35	4
5	Ross County AC C	29:59	Hamish Blake (U13B)	11:30	7	Fraser Hume (U15B)	10:08	6	Kaeden Thomas (U17M)	8:21	5
6	Inverness Harriers AAC B	30:38	Niall MacBean (U13B)	10:46	4	Otto Machado-Turra (U13B)	10:30	5	Fraser Imlack (U17M)	9:22	6
7	Ross County AC D	32:06	Caleb Carson (U13B)	12:13	8	Ewan MacDonald (U15B)	10:11	8	Jamie MacGruer (U17M)	9:42	7
8	Inverness Harriers AAC C	32:39	Joshua Fitter (U13B)	11:17	6	Lewis Simpson (U13B)	11:00	7	Callum Thompson (U17M)	10:22	8
9	Peterhead Athletics Club	34:32	Euan Steel (U13B)	13:49	9	Lewis Geddes (U15B)	10:53	9	Leighton Mclean (U15B)	9:50	9

Senior and Masters Women

Place	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
1	Highland Hill Runners A	47:30	Kirstie Rogan (SW)	15:17	4	Megan Bee (SW)	16:13	1	Caroline Marwick (SW)	16:00	1
2	Highland Hill Runners MAS A	48:32	Rhona Grant (W40)	14:57	2	Gail Macleod (W50)	17:25	2	Monica Padilla (W40)	16:10	2
3	Moray RR MAS A	48:48	Katja Blunden (W40)	14:59	3	Karen Norvell (W50)	17:56	3	Michelle Slater (W40)	15:53	3
4	Forres Harriers MAS A	51:21	Siobhan Evans (W50)	16:27	5	Jackie Nicol (W60)	18:10	4	Hilary Cameron (W50)	16:44	4
5	Moray RR A	52:40	Grace Jenkins (SW)	17:46	7	Niketa Cruickshank (SW)	17:49	5	Jessica Haworth (SW)	17:05	5
6	Highland Hill Runners B	54:24	Lorna Blake (SW)	18:05	8	Sarah Sigley (W40)	19:29	7	Joanne Wilson (W40)	16:50	6
7	Nairn Road Runners MAS A	54:26	Jennifer Saunders (W40)	17:23	6	Michelle Matheson (W40)	20:53	8	Zdenka Fraser (W40)	16:10	7
8	East Sutherland AC	54:28	Catrina Scott (SW)	19:45	11	Audrey Scott (W60)	16:39	6	Julie Mackay (W50)	18:04	8
9	Inverness Harriers AAC MAS A	55:10	Alison MacDonald (W50)	19:38	9	Marianne Simpson (W50)	19:17	9	Kellie Calder (W40)	16:15	9
10	Fraserburgh Running Club	57:09	Grace Rennie (SW)	20:01	12	Morag Thompson (W40)	19:28	10	Carol Massie (W60)	17:40	10
11	Moray RR B	1:00:28	Hannah Stephen (U20W)	20:05	13	Charlotte Cormack (SW)	21:20	11	Anne Hewes (W50)	19:03	11
12	Highland Hill Runners MAS B	1:01:22	Jane Chisholm (W40)	21:03	14	Jude Colligan (W50)	21:05	12	Sharon Beck (W50)	19:14	12
13	JSK Running Club MAS A	1:07:19	Carole Napier (W50)	19:41	10	Morag Gerrard (W50)	23:13	13	Jill Pirie (W40)	24:25	13
	Inverness Harriers AAC		Katie Meek (U20W)	14:24	1						

Masters Women

Place	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
1	Highland Hill Runners MAS A	48:32	Rhona Grant (W40)	14:57	1	Gail Macleod (W50)	17:25	1	Monica Padilla (W40)	16:10	1
2	Moray RR MAS A	48:48	Katja Blunden (W40)	14:59	2	Karen Norvell (W50)	17:56	2	Michelle Slater (W40)	15:53	2
3	Forres Harriers MAS A	51:21	Siobhan Evans (W50)	16:27	3	Jackie Nicol (W60)	18:10	3	Hilary Cameron (W50)	16:44	3
4	Nairn Road Runners MAS A	54:26	Jennifer Saunders (W40)	17:23	4	Michelle Matheson (W40)	20:53	4	Zdenka Fraser (W40)	16:10	4
5	Inverness Harriers AAC MAS A	55:10	Alison MacDonald (W50)	19:38	5	Marianne Simpson (W50)	19:17	5	Kellie Calder (W40)	16:15	5
6	Highland Hill Runners MAS B	1:01:22	Jane Chisholm (W40)	21:03	7	Jude Colligan (W50)	21:05	6	Sharon Beck (W50)	19:14	6
7	JSK Running Club MAS A	1:07:19	Carole Napier (W50)	19:41	6	Morag Gerrard (W50)	23:13	7	Jill Pirie (W40)	24:25	7

Senior and Masters Men

Place	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos
1	Inverness Harriers AAC A	50:13	Louis Ratcliffe (SM)	13:20	3	Donnie Macdonald (M40)	12:41	3	Stephen Mackay (SM)	11:56	1	Luke Davidson (SM)	12:16	1
2	East Sutherland AC	50:26	Gordon Lennox (M40)	12:26	1	Blair Mackay (SM)	13:11	1	Alasdair Coupar (SM)	12:20	2	Ruairidh Gollan (SM)	12:29	2
3	Moray RR A	53:23	James Wilson (SM)	12:27	2	Colin McRae (SM)	13:29	2	Andrew Jones (SM)	14:06	3	Matthew Blunden (M40)	13:21	3
4	Inverness Harriers AAC B	55:34	Graham Bee (M40)	13:23	4	Grant Hassan (SM)	13:18	4	Finlay MacIennan (SM)	13:27	4	Jonathan Harris (M50)	15:26	4
5	Highland Hill Runners MAS A	56:01	William Nicolson (M50)	14:27	6	Kevin Souter (M50)	13:56	5	Graeme Brown (M40)	14:01	5	Francisco Javier Cabrera Valdes (M40)	13:37	5
6	Ross County AC	58:09	Noah Carson (U20M)	14:07	5	Martin Robinson (M50)	15:03	6	Kurt Bergmann (M40)	15:31	6	Alistair Young (U20M)	13:28	6
7	Moray RR MAS A	59:35	Graham Stephen (M50)	14:31	7	Kenneth MacRae (M50)	16:06	9	Stephen Carmichael (M50)	14:43	7	Scott Phimister (M40)	14:15	7
8	Highland Hill Runners	1:00:09	Ian Meek (M50)	16:47	14	Ross Gray (SM)	16:24	13	Jack Ward (SM)	13:25	11	Ally Beaven (SM)	13:33	8
9	Nairn Road Runners	1:00:41	Stuart Thompson (M40)	14:34	8	David Shaw (SM)	16:15	10	Thomas Barron (M40)	15:44	10	Stuart Prentice (SM)	14:08	9
10	North Highland Harriers MAS A	1:01:09	David Stockan (M40)	14:44	10	Michael Sutherland (M50)	15:22	8	David Spencer (M50)	16:58	13	Kevin Cormack (M50)	14:05	10
11	JSK Running Club MAS A	1:01:36	Martin Reid (M40)	14:38	9	Chris Robb (M40)	15:12	7	Peter Mutch (M40)	15:45	8	Stephen Simpson (M40)	16:01	11
12	Moray RR B	1:02:01	John Devine (SM)	16:17	12	Kevin Morrison (SM)	15:17	11	Warren King (SM)	14:01	9	Stuart Dalgarno (SM)	16:26	12
13	Highland Hill Runners MAS B	1:03:38	Angus MacDonald (M40)	14:51	11	Dougie Macdonald (M50)	16:46	12	Fraser Mackintosh (M50)	15:12	12	Richard Chatburn (M50)	16:49	13
14	Moray RR C	1:07:15	Simon Macdonald (M60)	16:34	13	Neil Crookston (M40)	16:42	14	Craig Rowley (SM)	16:40	14	Colin Cumming (M40)	17:19	14
15	JSK Running Club MAS B	1:13:22	Drew McLelland (M40)	16:50	15	Greig Cruickshank (M60)	18:06	15	Gavin Milne (M40)	18:07	15	Jamie Walker (M40)	20:19	15
	Inverness Harriers AAC C		Alex Sutherland (M70)	19:09	16									

Masters Men

Place	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos
1	Highland Hill Runners MAS A	56:01	William Nicolson (M50)	14:27	6	Kevin Souter (M50)	13:56	5	Graeme Brown (M40)	14:01	5	Francisco Javier Cabrera Valdes (M40)	13:37	1
2	Moray RR MAS A	59:35	Graham Stephen (M50)	14:31	2	Kenneth MacRae (M50)	16:06	4	Stephen Carmichael (M50)	14:43	2	Scott Phimister (M40)	14:15	2
3	North Highland Harriers MAS A	1:01:09	David Stockan (M40)	14:44	4	Michael Sutherland (M50)	15:22	3	David Spencer (M50)	16:58	5	Kevin Cormack (M50)	14:05	3
4	JSK Running Club MAS A	1:01:36	Martin Reid (M40)	14:38	3	Chris Robb (M40)	15:12	2	Peter Mutch (M40)	15:45	3	Stephen Simpson (M40)	16:01	4
5	Highland Hill Runners MAS B	1:03:38	Angus MacDonald (M40)	14:51	11	Dougie Macdonald (M50)	16:46	12	Fraser Mackintosh (M50)	15:12	12	Richard Chatburn (M50)	16:49	5
6	JSK Running Club MAS B	1:13:22	Drew McLelland (M40)	16:50	6	Greig Cruickshank (M60)	18:06	6	Gavin Milne (M40)	18:07	6	Jamie Walker (M40)	20:19	6

Young Females				
Rank	Athlete	Team Name	Time	Leg
1	Anna Meek (U15G)	Inverness Harriers AAC A	9:29	3
2	Niamh Doorley (U13G)	Inverness Harriers AAC A	9:53	2
3	Lucy Fraser (U17W)	Ross County AC A	9:57	3
4	Iyla Souter (U13G)	Inverness Harriers AAC A	10:08	1
5	Iona Scott (U17W)	Inverness Harriers AAC B	10:15	3
6	Lucy Beastall (U15G)	Inverness Harriers AAC D	10:22	3
7	Sophie Bertram (U15G)	Inverness Harriers AAC D	10:27	2
8	Eilidh Offord (U13G)	Inverness Harriers AAC C	10:36	1
9	Rosie Conroy (U15G)	Inverness Harriers AAC B	10:40	2
10	Tamara Bergman (U15G)	Ross County AC A	10:48	2
11	Hannah Mackay (U13G)	Inverness Harriers AAC E	10:57	1
12	Lily Carter (U15G)	Inverness Harriers AAC E	11:04	2
13	Aoibhe Doorley (U15G)	Inverness Harriers AAC C	11:05	2
14	Amy Simpson (U13G)	Inverness Harriers AAC D	11:07	1
15	Amber Bergmann (U13G)	Ross County AC C	11:11	1
16	Iona MacDonald (U13G)	Highland Hill Runners	11:14	2
17	Lexie Macrae (U13G)	Inverness Harriers AAC B	11:15	1
18	Connie Laird (U13G)	Inverness Harriers AAC F	11:20	1
19	Eden Lipovska (U13G)	Ross County AC A	11:24	1
20	Eilidh Hume (U13G)	Ross County AC B	11:26	1
21	Sky Simpson (U17W)	Inverness Harriers AAC C	11:40	3
22	Anna Fraser (U17W)	Ross County AC B	11:47	3
23	Catriona Fernie (U17W)	Ross County AC C	12:20	3
24	Kirsty Muir (U17W)	Inverness Harriers AAC E	12:22	3
25	Sophie MacGruer (U15G)	Ross County AC B	12:25	2
26	Skye Tinney (U15G)	Ross County AC C	12:27	2
27	Emma Steel (U15G)	Peterhead Athletics Club	12:34	3
28	Sophie Needs (U13G)	Peterhead Athletics Club	12:47	2
29	Ava Alexander (U13G)	Peterhead Athletics Club	13:40	1
30	Caladh MacDonald (U13G)	Highland Hill Runners	14:29	1

Young Males				
Rank	Athlete	Team Name	Time	Leg
1	Andrew Baird (U17M)	Ross County AC B	7:51	3
2	Lachlan Thomas (U17M)	Ross County AC A	8:00	3
3	Ruairidh Stirling (U17M)	Inverness Harriers AAC A	8:15	3
4	Kaeden Thomas (U17M)	Ross County AC C	8:21	3
5	Billy Sutherland (U15B)	Ross County AC A	8:32	2
6	Ewan Thompson (U15B)	Inverness Harriers AAC A	9:17	2
7	Fraser Imlack (U17M)	Inverness Harriers AAC B	9:22	3
8	Alasdair Jenkins (U17M)	Moray RR	9:35	3
9	Jamie MacGruer (U17M)	Ross County AC D	9:42	3
10	Leighton Mclean (U15B)	Peterhead Athletics Club	9:50	3
11	Callum Crawford (U15B)	Ross County AC B	9:55	2
12	Lewis Simmers (U15B)	Moray RR	9:57	2
13	Fraser Hume (U15B)	Ross County AC C	10:08	2
14	Ewan MacDonald (U15B)	Ross County AC D	10:11	2
15	Hugh Cumming (U13B)	Moray RR	10:20	1
16	Callum Thompson (U17M)	Inverness Harriers AAC C	10:22	3
17	Kian Morrison (U13B)	Inverness Harriers AAC A	10:28	1
18	Otto Machado-Turra (U13B)	Inverness Harriers AAC B	10:30	2
19	James Macaskill (U13B)	Ross County AC A	10:34	1
20	Niall MacBean (U13B)	Inverness Harriers AAC B	10:46	1
21	Ethan Wilby (U13B)	Ross County AC B	10:48	1
22	Lewis Geddes (U15B)	Peterhead Athletics Club	10:53	2
23	Lewis Simpson (U13B)	Inverness Harriers AAC C	11:00	2
24	Joshua Fitter (U13B)	Inverness Harriers AAC C	11:17	1
25	Hamish Blake (U13B)	Ross County AC C	11:30	1
26	Caleb Carson (U13B)	Ross County AC D	12:13	1
27	Euan Steel (U13B)	Peterhead Athletics Club	13:49	1

Senior and Masters Women

Rank	Athlete	Team Name	Time	Leg	Age Rank
1	Katie Meek (U20W)	Inverness Harriers AAC	14:24	1	1
2	Rhona Grant (W40)	Highland Hill Runners MAS A	14:57	1	1
3	Katja Blunden (W40)	Moray RR MAS A	14:59	1	2
4	Kirstie Rogan (SW)	Highland Hill Runners A	15:17	1	1
5	Michelle Slater (W40)	Moray RR MAS A	15:53	3	3
6	Caroline Marwick (SW)	Highland Hill Runners A	16:00	3	2
7	Monica Padilla (W40)	Highland Hill Runners MAS A	16:10	3	4
7	Zdenka Fraser (W40)	Nairn Road Runners MAS A	16:10	3	4
9	Megan Bee (SW)	Highland Hill Runners A	16:13	2	3
10	Kellie Calder (W40)	Inverness Harriers AAC MAS A	16:15	3	6
11	Siobhan Evans (W50)	Forres Harriers MAS A	16:27	1	1
12	Audrey Scott (W60)	East Sutherland AC	16:39	2	1
13	Hilary Cameron (W50)	Forres Harriers MAS A	16:44	3	2
14	Joanne Wilson (W40)	Highland Hill Runners B	16:50	3	7
15	Jessica Haworth (SW)	Moray RR A	17:05	3	4
16	Jennifer Saunders (W40)	Nairn Road Runners MAS A	17:23	1	8
17	Gail Macleod (W50)	Highland Hill Runners MAS A	17:25	2	3
18	Carol Massie (W60)	Fraserburgh Running Club	17:40	3	2
19	Grace Jenkins (SW)	Moray RR A	17:46	1	5
20	Niketa Cruickshank (SW)	Moray RR A	17:49	2	6
21	Karen Norvell (W50)	Moray RR MAS A	17:56	2	4
22	Julie Mackay (W50)	East Sutherland AC	18:04	3	5
23	Lorna Blake (SW)	Highland Hill Runners B	18:05	1	7
24	Jackie Nicol (W60)	Forres Harriers MAS A	18:10	2	3
25	Anne Hewes (W50)	Moray RR B	19:03	3	6
26	Sharon Beck (W50)	Highland Hill Runners MAS B	19:14	3	7
27	Marianne Simpson (W50)	Inverness Harriers AAC MAS A	19:17	2	8
28	Morag Thompson (W40)	Fraserburgh Running Club	19:28	2	9
29	Sarah Sigley (W40)	Highland Hill Runners B	19:29	2	10
30	Alison MacDonald (W50)	Inverness Harriers AAC MAS A	19:38	1	9
31	Carole Napier (W50)	JSK Running Club MAS A	19:41	1	10
32	Catriona Scott (SW)	East Sutherland AC	19:45	1	8
33	Grace Rennie (SW)	Fraserburgh Running Club	20:01	1	9
34	Hannah Stephen (U20W)	Moray RR B	20:05	1	2
35	Michelle Matheson (W40)	Nairn Road Runners MAS A	20:53	2	11
36	Jane Chisholm (W40)	Highland Hill Runners MAS B	21:03	1	12
37	Jude Colligan (W50)	Highland Hill Runners MAS B	21:05	2	11
38	Charlotte Cormack (SW)	Moray RR B	21:20	2	10
39	Morag Gerrard (W50)	JSK Running Club MAS A	23:13	2	12
40	Jill Pirie (W40)	JSK Running Club MAS A	24:25	3	13

Senior and Masters Men

Rank	Athlete	Team Name	Time	Leg	Age Rank
1	Stephen Mackay (SM)	Inverness Harriers AAC A	11:56	3	1
2	Luke Davidson (SM)	Inverness Harriers AAC A	12:16	4	2
3	Alasdair Coupar (SM)	East Sutherland AC	12:20	3	3
4	Gordon Lennox (M40)	East Sutherland AC	12:26	1	1
5	James Wilson (SM)	Moray RR A	12:27	1	4
6	Ruairidh Gollan (SM)	East Sutherland AC	12:29	4	5
7	Donnie Macdonald (M40)	Inverness Harriers AAC A	12:41	2	2
8	Blair Mackay (SM)	East Sutherland AC	13:11	2	6
9	Grant Hassan (SM)	Inverness Harriers AAC B	13:18	2	7
10	Louis Ratcliffe (SM)	Inverness Harriers AAC A	13:20	1	8
11	Matthew Blunden (M40)	Moray RR A	13:21	4	3
12	Graham Bee (M40)	Inverness Harriers AAC B	13:23	1	4
13	Jack Ward (SM)	Highland Hill Runners	13:25	3	9
14	Finlay MacIennan (SM)	Inverness Harriers AAC B	13:27	3	10
15	Alistair Young (U20M)	Ross County AC	13:28	4	1
16	Colin McRae (SM)	Moray RR A	13:29	2	11
17	Ally Beaven (SM)	Highland Hill Runners	13:33	4	12
27	William Nicolson (M50)	Highland Hill Runners MAS A	14:27	1	3
19	Kevin Souter (M50)	Highland Hill Runners MAS A	13:56	2	1
20	Graeme Brown (M40)	Highland Hill Runners MAS A	14:01	3	6
20	Warren King (SM)	Moray RR B	14:01	3	13
22	Kevin Cormack (M50)	North Highland Harriers MAS A	14:05	4	2
23	Andrew Jones (SM)	Moray RR A	14:06	3	14
24	Noah Carson (U20M)	Ross County AC	14:07	1	2
29	Stuart Thompson (M40)	Nairn Road Runners	14:34	1	8
26	Scott Phimister (M40)	Moray RR MAS A	14:15	4	7
18	Francisco Javier Cabrera Valdes (M40)	Highland Hill Runners MAS A	13:37	4	5
28	Graham Stephen (M50)	Moray RR MAS A	14:31	1	4
45	David Shaw (SM)	Nairn Road Runners	16:15	2	17
30	Martin Reid (M40)	JSK Running Club MAS A	14:38	1	9
31	Stephen Carmichael (M50)	Moray RR MAS A	14:43	3	5
32	David Stockan (M40)	North Highland Harriers MAS A	14:44	1	10
33	Angus MacDonald (M40)	Highland Hill Runners MAS B	14:51	1	11
34	Martin Robinson (M50)	Ross County AC	15:03	2	6
52	Dougie Macdonald (M50)	Highland Hill Runners MAS B	16:46	2	11
35	Chris Robb (M40)	JSK Running Club MAS A	15:12	2	12
37	Kevin Morrison (SM)	Moray RR B	15:17	2	16
38	Michael Sutherland (M50)	North Highland Harriers MAS A	15:22	2	8
39	Jonathan Harris (M50)	Inverness Harriers AAC B	15:26	4	9
40	Kurt Bergmann (M40)	Ross County AC	15:31	3	13
41	Thomas Barron (M40)	Nairn Road Runners	15:44	3	14
42	Peter Mutch (M40)	JSK Running Club MAS A	15:45	3	15
43	Stephen Simpson (M40)	JSK Running Club MAS A	16:01	4	16
44	Kenneth MacRae (M50)	Moray RR MAS A	16:06	2	10
25	Stuart Prentice (SM)	Nairn Road Runners	14:08	4	15
46	John Devine (SM)	Moray RR B	16:17	1	18
47	Ross Gray (SM)	Highland Hill Runners	16:24	2	19
48	Stuart Dalgarno (SM)	Moray RR B	16:26	4	20
49	Simon Macdonald (M60)	Moray RR C	16:34	1	1
50	Craig Rowley (SM)	Moray RR C	16:40	3	21

Senior and Masters Men

Rank	Athlete	Team Name	Time	Leg	Age Rank
51	Neil Crookston (M40)	Moray RR C	16:42	2	17
35	Fraser Mackintosh (M50)	Highland Hill Runners MAS B	15:12	3	7
53	Ian Meek (M50)	Highland Hill Runners	16:47	1	12
54	Richard Chatburn (M50)	Highland Hill Runners MAS B	16:49	4	13
55	Drew McLelland (M40)	JSK Running Club MAS B	16:50	1	18
56	David Spencer (M50)	North Highland Harriers MAS A	16:58	3	14
57	Colin Cumming (M40)	Moray RR C	17:19	4	19
58	Greig Cruickshank (M60)	JSK Running Club MAS B	18:06	2	2
59	Gavin Milne (M40)	JSK Running Club MAS B	18:07	3	20
60	Alex Sutherland (M70)	Inverness Harriers AAC C	19:09	1	1
61	Jamie Walker (M40)	JSK Running Club MAS B	20:19	4	21